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## Savings in Cohousing

When most of us look to buy a home, we tend to focus on the **cost** of the home. Can we afford the mortgage, is it a fair deal considering nearby home prices, and how ideal is the location to access work, shopping and entertainment?

What we think about less often is **savings**. In a typical neighborhood, there aren't many of these to quantify - and those we do calculate are typically a factor of only our own home. We're the sole party responsible for efficiency.

Cohousing is different and wonderful in this respect. **The savings to a cohousing resident come in many forms: monetarily, time-wise and socially.** We'll take a look at some of the savings you'll find living in community, more to come in future newsletters:

- Common Facilities in Cohousing: far more generous than even upscale condominium developments. In fact, many cohousers don't look at their home as a mere 1000 sq. ft., but as 5,000 sq. ft., because the common house is so much a part of their day-to-day living from meals to yoga classes to their child's piano lessons. Your share of the common facilities is at least equivalent to buying an extra bedroom outside of cohousing.
- An Extra Set of Eyes: Families tend to cooperate with childcare needs in cohousing, minimizing a family's budget for babysitters.
- Aging in Community: In times of need, a cohousing community tends to pull together and help individuals who are recuperating from an accident or illness, making it easier for them to heal at home.
- Common meals: are an affordable offering for your family, or an easy social night for yourself. And for those on a tight time budget, eating common dinners can cut down on preparing for nightly, single-family meals. Many communities purchase in bulk, so it's not unreasonable to have a filling dinner for \$4-5 in the clubhouse.



#### Check out our new webpage for more about Savings in Cohousing!

## **Upcoming Events**

## Fair Oaks EcoHousing Site Tour: Saturday, July 23rd at 10:30am

**Fair Oaks EcoHousing** will be a beautiful neighborhood of 30 homes on 3.7 acres in Fair Oaks, CA, 18 miles east of downtown Sacramento. We're looking for the rest of our future neighbors! Come see the site and our architectural plans at an upcoming tour.

Meet at **10:30am** at the **Fair Oaks Coffeehouse** in Fair Oaks Village, located at 10223 Fair Oaks Blvd, at the intersection with Park Drive. Look for us on the side of the Coffeehouse, in the patio area or in the building at the back. We can carpool to the site. The tour will last about an hour, with an optional lunch afterwards at Siam Patio Restaurant. Group members will lead the tour of our beautiful property. Kids are welcome.

Can't join us that day? Additional tour offered on Sunday, August 14th!

To sign up, please contact Linda Tanforan at (916) 359-3742 or braille@surewest.net

## Tour of Nevada City Cohousing: Saturday, August 13th



Meet at **8:45am** at the **Fair Oaks Coffeehouse** in Fair Oaks Village, located at 10223 Fair Oaks Blvd, at the intersection with Park Drive. We'll arrange carpools to Nevada City, and we'll ask for \$10 towards gas.

The 10:30am tour will be led by **Katie McCamant**, our Development Consultant with CoHousing Solutions. She is both a founder and 10-year resident of Nevada City Cohousing. This community of 34 energy-efficient homes will allows us to see similar sizes and floor plans to Fair Oaks EcoHousing. Afterwards, Nevada City offers many great lunch options.

This tour is reserved for people who have already attended a Fair Oaks EcoHousing site tour.

To reserve your place, contact Chris Haviland at <a href="mailto:chris.haviland@gmail.com">chris.haviland@gmail.com</a>

## River Cats Baseball Game: Friday, August 19th at 7pm



Join us for a fun evening at Raley Field as the Sacramento River Cats play the Iowa Cubs. Bring the whole family! We will arrange carpooling to the game. Tickets are \$23/person.

**RSVP by August 10th** to Linda Tanforan at 916-359-3742 or <a href="mailto:braille@surewest.net">braille@surewest.net</a>. She will buy a block of tickets for our attendees.

For more info on the game, visit www.RiverCats.com

## **Cohousing in the News**

Click below for a sampling of recent cohousing articles and reflections from those living in community. In the first article, a well known singles-advocate writer dicusses the benefits of community to those who live alone; in the

second, a snapshot of intentionality in Tucson, AZ's thriving cohousing communities.



#### What Do Singles Need More Than a Mate? Community.

"Those who have different people in their lives to cheer them up when they are sad, calm them when they are anxious, and share the joy of their successes, for example, feel better about their lives than those who look to just one person to meet all their emotional needs."



**Washington Post Article Online** 



## Tucson's Cohousing Neighborhoods: a Sense of Community

"Imagine living in a community where everyone knows your name, remembers your birthday and offers to make you dinner on a regular basis."



**Arizona Daily Star Article Online** 



Want to Learn More About What Cohousing Means to Our Community?

Join us for one of our upcoming events, or contact us directly. We'd love to hear from you!



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